

BPW Business Incubator

ONLINE Training & Mentoring Project

www.bpwbusinessincubator.com



BPW NEWS UPDATE - JUNE, 2026



Hello Darlink interviews Carol Hanlon, Founder/CEO, BBEC & TCF
Carol shares her background from a 13yo sewing for clients to her global small business support projects, sharing insights and tips for small business.
[Watch here.](#)



FINAL CALL - present during 22nd designedge Innovation Festival?
BEC, TCF & BPW Members are invited to register interest in being a presenter or speaker during our 22nd designedge Innovation festival, which will run 3 months July to September to our national & global network. Speakers can run LIVE or recorded ONLINE. **Contact [Carol Hanlon](#)**



RESILIENCE & REINVENTION – LAUNCHED ONLINE FESTIVAL
Women Changing the World [Facebook Page](#) and [YouTube Channel](#)
Featuring 'Carol Hanlon' as one of 25 authors, this book is a collection of diverse perspectives and lived experiences from women who have created change across a range of industries, communities and life experiences. Through deeply personal stories of challenge, resilience and reinvention, these women remind us that even in life's hardest moments, it is possible to begin again. [NOW ON AMAZON.](#)



Budget is a mixed bag for small businesses, with major concerns over tax changes

The Council of Small Business Organisations Australia (COSBOA) says the Federal Budget delivers some encouraging measures to support productivity and reduce regulatory burden but also raises serious concerns about the impact of proposed tax changes on many small business owners. [Article.](#)



Quiet Power

This YouTube channel supports experienced professionals who want to build visibility, create smarter content, and attract opportunities - without spending hours online. For professionals who are tired of missing opportunities simply because they're not visible online, explore practical Quiet Power Moves across LinkedIn, AI, brand psychology, and expertise-led content. Clips are [Here.](#)



Recession-proof business: how to protect your small business Practical strategies to help your small business stay resilient during economic downturns.

A recession-proof business sustains or grows its revenue during periods of economic decline. These businesses sell products or services that people continue to need regardless of broader financial conditions. It's worth noting the difference between a slowdown and a full recession. A slowdown means reduced growth; a recession is 2 or more consecutive quarters of declining GDP. Both put pressure on small businesses, but recessions tend to last longer and cut deeper. Be prepared – learn the tips [here.](#)



10 benefits of partnering with other businesses for growth

In today's competitive business landscape, collaboration often outweighs competition. Partnering with other businesses can unlock numerous benefits that contribute significantly to growth and sustainability. Whether you're a startup looking to expand your reach or an established firm aiming to innovate, strategic partnerships can provide a crucial edge. Let's explore the top 10 benefits of forging alliances with other businesses [Here.](#)



The Power of a 90-Day Business Plan

Focus, execute, and grow your business with a proven short-term strategy. Why a 90-Day plan is the key to small business growth. In today's fast-paced business world, success isn't just about working hard - it's about working smart. A 90-day business plan provides the perfect framework for achieving short-term goals while staying aligned with long-term ambitions. [Learn how.](#)



100 profitable subscription business ideas in 2026

Subscriptions have become the backbone of some of the most successful online businesses today. They offer stability, recurring revenue, and a direct line to your audience. Instead of chasing one-off sales, you're building relationships. You're giving people a reason to stay connected to your work month after month. And as a creator, that kind of predictability changes everything. [Learn more.](#)



Global Sourcing Expo, Sydney: 16-18 June 2026

The Global Sourcing Expo is a must-attend event for industry professionals associated with buying and global sourcing of apparel, textiles, home, and giftware products. This is an opportunity for buyers to learn about sourcing options for their business, and to network with different countries and suppliers. TCF Australia will also be delivering Free Export and Import Workshops during Global Sourcing Expo, Sydney. [Website.](#)



TCF Australia FREE Import & Export Workshops, Global Sourcing Expo, ICC, Sydney. Presenter Carol Hanlon, TCF Australia

17th June - Introduction to Importing & Exporting, 10.30-12 [BOOKINGS](#)

17th June - Import & Export Guide for Small Business, 2-3.30 [BOOKINGS](#)

18th June - Introduction to Importing & Exporting, 10.30-12 [BOOKINGS](#)

18th June - Import & Export Guide for Small Business, 2-3.30 [BOOKINGS](#)

Registration includes Access Pass to Global Sourcing Expo

Queries contact TCF Australia [Email](#)



Virtual Office Space from \$15wk

Work smarter, not harder. Virtual offices and coworking spaces provide professional business addresses, premium boardrooms, fast internet, flexibility, security, and lower overheads without locking yourself into long expensive leases. Packages start from just \$15 per week plus GST. Subscribe today and use discount code BEC50 to receive 50% off any virtual office package for today only. [View.](#)



BPW Australia 41st National Conference, Perth, 24-26 July

You are invited to attend this special event that marks 80 years of BPW in Western Australia, celebrating a proud history of empowering women through connection, advocacy, and leadership. The 41st BPW Australia National Conference is the premier national gathering for professional, business and working women, bringing together leaders, innovators, advocates and aspiring changemakers from a wide range of sectors and occupations to exchange ideas, inspire growth and create lasting impact. [Website.](#)



Official Videographer Sponsor Wanted

BPW Australia, National Women's Conference, Perth, 24-26 July.

Capture highlights, interviews, media opportunities and key moments across this national event. Sponsorship packages are flexible depending on filming requirements and may include advertising on bpw.com.au, full-page placements in our magazine and Conference Book, social media promotion and delegate bag insertion. For details [contact.](#)



Welcome to BEC members - Sherena Chng; Elena Lennox, Courageous Women; Sachin Verma, Optus Business Centre Perth South; Arlene Quinn, People Performance Plus

BENEFITS OF BEC MEMBERSHIP - Members can access 30-60mins free advisory with an accountant; lawyer; HR specialist; or IP Attorney to discuss your issues. Members also receive free webinars during the designed innovation festival, free business sundowners, buying mission opportunities, access to mentoring at discounted rates, supply chain linkages. Bronze, Silver & Gold Levels available. Membership is tax deductible. [Join](#)

BEC invites its network to link with its Social Media pages

BEC FaceBook [Link](#)

BEC LinkedIn [Link](#)



Belmont BEC & BEC Global Business Advisors, Mentors, Coaches -

Discuss your business issues and concerns with your confidential advisor and develop your action plan for success. **By the Hour: Online or Phone Face - Phone** www.belmontbec.com/mentoring



BEC NATIONAL EXPORT ONLINE Training & Mentoring Project Looking to increase your sales? Export your goods or services?

FREE WEBINARS - Thursday, 25th June, AWST (Perth Time)

BOOKINGS ESSENTIAL

- 1) Introduction to Exporting: 9.30-11.30am [BOOK](#)
- 2) Export Guide for Small Business: 12-2pm [BOOK](#)
- 3) Writing your Export Marketing Plan: 2.30-4.30pm [BOOK](#)

Can't make the date? [Request a Recording](#)

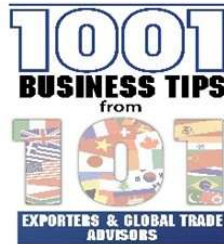
Register for [FREE ONLINE Export Mentor](#)

[BEC EXPORT FLYER](#) [EXPORT MEDIA RELEASE](#)



Export update

Austrade's Trade Resilience Service provides trusted market intelligence, freight, and logistics updates to help keep your exports moving. At a challenging time in global trade, Australia's exporters remain remarkably resilient. The Australian Export Awards recognise how Aussie exporters are successfully navigating those challenges. Read the full newsletter [here](#).



Are you an exporter or global trade advisor?

1001 Business Tips from 101™ Exporters and Global Trade

Advisor Experts

Would you like to be featured in our new eBook with your 10 tips for Exporters and Global Trade Advisors? Each expert will be allocated two pages. Participation includes additional promotional opportunities as an expert and you may also be invited as a presenter in future 1001 Business Tips Online Forums. Interested to share your expertise and gain exposure? **Contact** [Carol Hanlon](#)



Quote of the month

"Start with good people, lay out the rules, communicate with your employees, motivate them and reward them.

If you do all those things effectively, you can't miss."

Lee Iacocca 1924-2019. American automobile executive, best known for the Ford Mustang and Pinto cars.



Grants and assistance programs in Australia

Find grants, funding, and support programs from across government to help YOUR business grow and succeed! When searching for funding, keep in mind that you'll generally need to meet certain criteria to be eligible, and that, aside from funding assistance, many programs can help your business by building your skills and knowledge. [Do you qualify?](#)



Balancing the scales: why gender equity still matters in 2026

Workplaces that prioritise fairness and representation are more innovative, more resilient and better positioned to grow. Considering this, diversity, equity and inclusion policies do not simply exist because they are socially responsible, but because they can impact a company's profitability and longevity. [Article](#).



BPW network - taking action for women's equality

BPW (Business & Professional Women) members advocate for issues that affect women around the world today. BPW operates in over 120 countries globally and has consultative status with United Nations Economic & Social Council (ECOSOC). If you wish to connect with like-minded women in Australia visit www.bpw.com.au or globally visit BPW International www.bpw-international.org or contact [Carol Hanlon](#).



2027 fashion trends forecast: what's hot next

Fashion in 2027 is all about bold creativity, bright colours, and styles, especially driven by Gen Z. With social media shaping what people want to wear, brands can no longer rely on guesswork. AI Trend Forecasting predicts what colours, fabrics, and designs will dominate the next year. [Learn more](#).



Setting prices in your business

Understanding the rules around pricing is important for protecting your independence as a retailer and maintaining fair competition. Resale price maintenance is illegal under competition law; make sure you know what it is and your rights. [Details](#).



Video marketing for small businesses & startups (free tips & tools)

Video marketing, indeed, is one of the simplest ways to get in front of a lot of people and show them what you're all about. This guide explores what video marketing means for your startup or small and medium-sized business and how you can create content people can't stop watching. It also highlights

practical tips and free tools you can start using today to make your videos worth watching. Let's get started ... [here](#).



The Small Business PEAK program

The Small Business PEAK program is brought to you by the Council of Small Business Organisations Australia with grant funding from the Australian Government Department of Employment and Workplace Relations through the Productivity Education and Training Fund.

No more deciphering legal jargon. PEAK simplifies the most intricate workplace relations changes, making compliance a straightforward process for your small business. You can simply download PEAK's plain English resources, including information kits with fact sheets, FAQs, compliance checklists and more, which can assist you in navigating, understanding and implementing the new legislation in your small business. See the wide range of kits [here](#).



Quick tips using Microsoft Word

To find items on your Clipboard – Search for Clipboard / Clipboard settings / set Clipboard history ON. Then, to find 'clips', just hold the Windows key and V.
To highlight a sentence – hold the Ctrl key and click anywhere in the sentence.
If you recently made an edit at some remote place in your document, you could get back to it with a keystroke. Press Shift-F5 once to jump to the place in your document that you most recently edited. Press it again to jump to the edit you made before that, and again to jump to your third most recent edit. After the third keystroke, it takes you back to where you began.



Websites that you may find useful

Free Online Tools. With Over 150 Online Tools. Helping webmasters, students, teachers and SEO experts with this website – [here](#).

Every tool you need to work with PDFs in one place. All are 100% FREE and easy to use! Merge, split, compress, convert, rotate, unlock and watermark PDFs with just a few clicks. [Here](#).

For a collection of some online tools like Image Compressor, Image resize tool, and Image conversion tools (Image to JPG, Image to PNG, etc). [Here](#).



Mums in business

Mums in Business Association is the place where Mums from all over the World come together to learn, support each other and network. Whether you are a fully-fledged business owner or just starting with an idea, MIBA is the place for you to develop and grow! In under 2 years, MIBA built a social media following of over 160,000 inspiring women from all corners of the Earth. [More](#).



Australian Small Business and Family Enterprise Ombudsman

For our small business operator readers, having trusted advisers and experts who understand your personal context and business needs is critical. Now is the time to make sure you have the right team to support you with any decisions you may need to make. If you're not sure if your adviser has expertise in the area, you need advice on, don't hesitate to ask them or do your research to see which skill set you exactly need. Industry associations and chambers of commerce can also be great sources of up-to-date information and advice and offer competitive fee structures to match your needs. The latest news is [here](#).



The complete guide to using social media for business

With powerful marketing tools and an expansive reach, social media is a goldmine for businesses. Yet having a social media presence alone is no longer enough as organic reach declines and competition grows fiercer. Establishing an identity and a sense of community is the key to standing out on social media for businesses. [Learn how](#).



Some Excel tips you may find useful

Insert check boxes. Highlight the appropriate cells. Hold Alt and type NCB.
To quickly format a worksheet – highlight the sheet / Press Alt O A / choose.
Alt + = = Auto sum instantly
Ctrl + E = Auto fill like magic.
Alt + A + M = Remove duplicates
Ctrl + Shift + L = Toggle filters.



The Cyber Sushi

Articles on: When Super Goes Bad: What Australians Need to Know About Superannuation Scams. The Guide to New and Trending Scams. Are password managers really safe to use? – [here](#).



Action is critical to combat fraud, as annual scam losses exceed \$2 billion

The National Anti-Scam Centre's latest Targeting Scams Report highlights the complex, adaptive, and "wicked" nature of scams, and the critical role of

collaboration in disrupting criminal networks, as Australians reported more than \$2 billion in financial losses. [Article](#).



Thriving in decentralised e-commerce

To understand how e-commerce is changing, this survey spoke with over 15,000 consumers and 4,600 merchants across 12 countries. 97% of consumers in Europe now shop online. What they buy and how they buy reveals a lot about the rapid evolution of digital commerce. From ethics-based shopping to the influence of social media, this Index shows how digital commerce is changing and what merchants can do to keep pace with consumer trends. Full report [here](#).



Another tip by Joseph Goody -from the now published -

'1001 Business Tips from 101™ Cyber Security Experts

Dedicate time for reflection. Dedicating time for reflection is crucial for effective cyber posturing. Regular reflection periods allow teams to review security practices, assess the effectiveness of current defences, and identify areas for improvement. This proactive approach fosters a culture of continuous learning and adaptation, helping organisations stay ahead of evolving cyber threats. By analysing past incidents and successes, teams can refine strategies, enhance response protocols, and ensure a robust and resilient security posture.



A new GRC playbook for AI-driven applications

AI-based applications are expanding the attack surface, introducing new risks through interconnected systems, non-deterministic behaviour, and automated decision-making. This whitepaper explains how emerging technologies like the MCP and Amazon Bedrock AgentCore address these risks with secure integration standards, isolation, and least-privilege enforcement. [Download](#).



Fewer scams, bigger losses: scam risks for small businesses

Scams are an ongoing threat to small businesses. Recent data from ScamWatch indicates that scam numbers are dropping; however, looking only at report volumes does not tell the full story. Lower report volumes do not necessarily mean businesses are safer. Instead, it indicates that when scams succeed, they are causing more financial damage than in previous years. [Report](#).



What small businesses need to know about going cashless

Are you thinking of making your business cashless? There are benefits to going cashless, such as simplified bookkeeping, faster transactions and better hygiene. However, there is evidence to suggest that people are not ready to give up on cash just yet and still want the option to pay with physical currency. [Article](#).



Australasian Institute of Business and Enterprise Facilitators -

Are you a business advisor, coach, mentor, facilitator or consultant.

AIBEF provides accreditations for your skills and expertise. View

www.aibef.org.au



STORAGE KING PERTH AIRPORT – special % offer

Past Winner - Facility of the Year Award

15% off storage boxes and 50% off the first 2 months of storage. Storage King can ship your parcels to anywhere in the world. Storage King arrange the booking and email consignment notes for clients to attach to their deliveries. We offer a wide range of self-storage options, from lockers to vehicle storage.

[Phone Email W: storageking.com.au](http://storageking.com.au)

Our special thanks to Storage King Perth Airport for their great support in sponsoring storage of textiles and sewing machines donated for our next community village sewing projects.



FOR HIRE - Training and Meeting Rooms at Belmont BEC

Fully equipped training room, catering and refreshments available.

Unit 3, 216 Belmont Ave., Cloverdale - [Contact Belmont BEC](#)

Business Skills 'On Demand' Sessions



Live and Recorded Webinar for Online - Anytime - Fast Track your Training
Members receive FREE webinar below during June - [Contact us](#)

- [Writing Your Business Plan](#)
- [Pricing, Costing and Cashflow](#)
- [Starting Your New Business](#)
- [Understanding the Australian Privacy Changes](#)
- [Credit Management And Debt Collection](#)
- [How To Write A Tender Or Grant Submission](#)
- [Tips on Building a Successful Business](#)
- [Preparing For A Fashion Trade Show](#)
- [How To Start A Fashion Label](#)
- [Quality Control In The Fashion Industry](#)
- [Importing and Exporting](#)
- [Get Noticed By The Media](#)
- [How To Brief Your Website Developer](#)
- [TESTEX – Textile Accreditation and Labelling](#)
- [Avoiding Manufacturing Pitfalls](#)
- [Marketing On A Budget](#)
- [Strategies for Off Shore Outsourcing](#)
- [Sourcing in Asia via HK](#)
- [Sourcing Textiles & Apparel in India](#)
- [Buying Or Selling A Business](#)
- [Fashioning Sustainability Diverse Perspectives](#)
- [Balancing Work And Life](#)
- [Credit Management And Debt Collection](#)
- [How To Write A Tender Or Grant Submission](#)
- [Tips on Building a Successful Business](#)
- [Connect your Business to the Women's Empowerment Principles](#)
- [How To Grow Your Fashion Business](#)
- [Understanding your Intellectual Property – Trademarks, Designs, Patents](#)
- [Ethical Fashion and the Triple Bottom Line](#)
- [Italian Fashion Media](#)
- [Preparing a Business for Sale](#)
- [Global Platform for Sourcing From Women Vendors](#)
- [Tips on Using Social Media in your Business](#)
- [Make Customer Experience Your Competitive Edge](#)
- [Understanding Freight Logistics of Importing and Exporting](#)
- [How To Grow Your Business](#)
- [Strategies for Off Shore Sourcing](#)
- [Establishing Your Label in the USA](#)
- [What Buyers Are Looking For](#)
- [Specification Sheets for Apparel Manufacturing](#)
- [Marketing for Small Fashion Business](#)

The information featured in this newsletter is published in good faith in an endeavour to disseminate a wide range of business-related content. While we endeavour to verify the comments and advice, we cannot make any warranties regarding the accuracy of data from other sources, or the relevance to individuals' circumstances. Any actions you may consider are dependent on your individual choice and circumstances and are strictly of your own volition; consequently, we are not liable for any resulting consequences. We have no control over the content of any links to other websites and are not liable for any resultant actions taken by readers.



You're receiving this Newsletter because you are part of our Belmont
BEC Network.

Edit your subscription or Unsubscribe

Belmont Business Enterprise Centre
Inc.

PO Box 370
Cloverdale WA 6985
Ph. 08 9479 3777
www.belmontbec.com